WHAT IS CLAIMED IS:

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1. A door opening trim weather strip for a motor vehicle for providing a seal between a door opening portion of a body of a motor vehicle, and a door thereof, comprising:

a trim portion in which a flange provided in the door opening portion is adapted to be inserted, and

a tubular seal portion for sealing between the door opening portion and the door,

said trim portion having a generally U-shaped cross-section, and including an outer side wall, a bottom wall and an inner side wall, said trim portion further including outer flange holding lips which extend inwardly from said outer side wall, and inner flange holding lips which extend inwardly from said inner side wall, for holding the flange inserted in said trim portion, said inner flange holding lips being composed of two inner flange holding lips, each of said two inner flange holding lips having a connecting part which slightly extends from said inner side wall obliquely toward an open mouth of said trim portion, and a main part which extends from and extending end of said connecting part obliquely toward said bottom wall, thereby defining a generally inverted v-shaped cross-section.

2. A door opening trim weather strip for a motor vehicle as claimed in claim 1, wherein said main part of each of said two inner flange holding lips has a greater thickness than said connecting part, each of said two inner flange holding lips further has an end part which extends from said

main part toward said bottom wall into a generally L-shaped cross-section, and a recess is formed between said main part and said end part so as to face said bottom wall.

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3. A door opening trim weather strip for a motor vehicle as claimed in claim 1, wherein said main part of each of said two inner flange holding lips is provided with a projection which projects from a vicinity of a joint between said connecting part and said main part toward said inner side wall so as to face said open mouth of said trim portion.

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